Youth – Swim Classes

This program has been designed for children between the ages of 4 and 14 years. Beginning children will be taught fundamental water safety and aquatic skills. Which includes: Orientation to the aquatic environment, basic aquatic skills, and develop rudimentary propulsive skills and to be comfortable around water. As children progress through classes they will have the opportunity to develop, practice, and refine swimming skills in a positive water environment. Skill levels include: Stroke development, stroke improvement, and stroke refinement. Classes are thirty (30) minutes long for two (2) consecutive weeks, meeting four (4) days a week, Monday through Thursday.

SCHEDULE

<table>
<thead>
<tr>
<th>SESSION</th>
<th>Begins:</th>
<th>Ends:</th>
<th>Registration Deadline</th>
</tr>
</thead>
<tbody>
<tr>
<td>SESSION 1</td>
<td>week of June 6</td>
<td>week of June 13</td>
<td>Thursday, May 27, 2016 @ 4:00 pm</td>
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<tr>
<td>SESSION 2</td>
<td>week of June 20</td>
<td>week of June 27</td>
<td>Thursday, June 10, 2016 @ 4:00 pm</td>
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<tr>
<td>SESSION 3</td>
<td>week of July 11</td>
<td>week of July 18</td>
<td>Thursday, July 1, 2016 @ 4:00 pm</td>
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<tr>
<td>SESSION 4</td>
<td>week of July 25</td>
<td>week of August 1</td>
<td>Thursday, July 15, 2016 @ 4:00 pm</td>
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</tbody>
</table>

CLASS TIMES  Monday through Thursday (classes meet 4 times a week)

Sessions 1

- 4:25 – 4:55 p.m.
- 5:00 – 5:30 p.m.

All sessions at the JENISON POOL

Sessions 2, 3, & 4

- 3:40 – 4:10 p.m.
- 4:25 – 4:55 p.m.
- 5:00 – 5:30 p.m.

All sessions at the JENISON POOL

FEE $55

New Programs: Youth – REC WATER POLO, SWIMMING or BOTH!

REC WATER POLO: This program has been designed for children between the ages of 7 and 14 years that can swim at least one length of the pool. A majority of the program will focus on basic ball handling skills and understanding of the sport of water polo in a recreational format. The entire program is designed to provide a safe, nurturing and fun atmosphere to motivate kids to swim and stay fit. 6 week session. Practices will meet on Mondays and Wednesday, 3:30 – 4:30 pm. Starting on June 13 and ending July 27. NO CLASSES THE WEEK OF JULY 4th FEE: $55

LOCATION: IM Circle Pool

REC SWIMMING: This program has been designed for children between the ages of 7 and 14 years that can swim at least one length of the pool. A majority of the program will focus on developing all four competitive strokes: freestyle, backstroke, butterfly and breaststroke. The entire program is designed to provide a safe, nurturing and fun atmosphere to motivate kids to swim and stay fit. 6 week session. Practices will meet on Tuesdays and Thursdays, 3:30 – 4:30 pm. 2 days a week starting on June 14 and ending July 28. NO CLASSES THE WEEK OF JULY 4th FEE: $55

LOCATION: IM Circle Pool

REC SWIMMING and WATER POLO COMBO: This program has been designed for children between the ages of 7 and 14 years that can swim at least one length of the pool. This program combines REC SWIMMING and REC WATER POLO practices. The entire program is designed to provide a safe, nurturing and fun atmosphere to motivate kids to swim and stay fit. 6 week session. Practices will meet on Monday thru Thursday, 3:30 – 4:30 pm. 4 days a week starting on June 15 and ending July 30. NO CLASSES THE WEEK OF JULY 4th FEE: $100

LOCATION: IM Circle Pool
Adult Beginner Swim Classes

This program has been designed for adults. Adults will have the opportunity to develop, practice and refine swimming skills in a positive water environment. We focus on introduction to water skills, fundamental aquatic skills, stroke development, stroke improvement, and stroke refinement. *Classes are forty (40) minutes long for eight (8) consecutive weeks, meeting on Monday, Tuesdays, or Wednesday.*

**SCHEDULE**

**SESSION 1**
Begins the week of June 6 and ends the week of August 1, 2016 (8 weeks)

*Session 1 registration ENDS on...Thursday, May 27, 2016 @ 4:00 pm*

NO CLASSES THE WEEK OF FOURTH OF JULY (July 4th – July 7th)

**CLASS TIMES**
Mondays, Tuesdays or Wednesdays @ 5:40 – 6:20 pm

**LOCATION**
JENISON POOL

**FEE**
$55

Adult – Intermediate and Advanced Swim Class

Classes are designed for adults who pass level 5 of Spartan Swim School or have an equivalent swimming background. Class emphasis will be on improving stroke technique so students may swim with ease, and efficiency. *Classes are forty (40) minutes long for eight (8) consecutive weeks, meeting on Thursdays.*

**SCHEDULE**

**SESSION 1**
Begins the week of June 6 and ends the week of August 1, 2016 (8 weeks)

*Session 1 registration ENDS on...Thursday, May 27, 2016 @ 4:00 pm*

NO CLASSES THE WEEK OF FOURTH OF JULY (July 4th – July 7th)

**CLASS TIMES**
Thursday 5:40 – 6:20 pm

**LOCATION**
JENISON POOL

**FEE**
$55

Register online by going to [www.recsports.msu.edu](http://www.recsports.msu.edu) Click on the “Aquatics” tab and then click on “Spartan Swim School”. Online registration is the only method of registration accepted unless applying for the *Milton Muelder Swim Lesson Scholarship* (See below).

If you have any questions about our classes, policies and/or procedures, please contact Brian Fickies by email at flickies@msu.edu or phone at 432-1475.

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**Registration Information:**

Starts Monday, May 2nd @ 9:00 a.m.

**REGISTRATION ENDING DATES, BY SESSION:**

**Youth Swim Classes:**
Session 1 – Thursday, May 27, 2016 @ 4:00 pm
Session 2 – Thursday, June 10, 2016 @ 4:00 pm
Session 3 – Thursday, July 1, 2016 @ 4:00 pm
Session 4 – Thursday, July 15, 2016 @ 4:00 pm

**Youth REC Water Polo and Swimming:**
Thursday, May 27, 2016 @ 4:00 pm

**Adult Swim Classes:**
Session 1 – Thursday, May 27, 2016 @ 4:00 pm
SWIM SCHOOL GENERAL INFORMATION:

Spartan Swim School Policies:
- No class make-ups allowed.
- All children must be potty trained before starting swim classes.
- We reserve the right to change classes as participation requires.
- Parents must sit in balcony during lesson.
- Parents must be present during child’s lesson.

Parking at Jenison Field House...
- The parking lot at Jenison Field House is reserved for faculty/staff until 6:00 pm, Monday – Friday.
- There is a row of metered parking spaces available to visitors, inside the parking lot, along Kalamazoo St.
- You can park in the Visitor Lot in front of IM Sports West and walk to Jenison, there is a parking fee.
- You can purchase a two-hour Visitor Parking Permits ($1.50 each) at the Dept of Public Safety (police bldg) which allows you to park in any regular faculty/staff parking area.
- Beware, do not park in a space if the sign says Leased Space, Reserved for MSU University or Service Vehicles, or references MSU Faculty/Staff permits required 24 hours a day, 7 days a week, you CANNOT PARK THERE and if you do, you will get a ticket!
- During Home Basketball Contest Jenison Parking lot is reserved for athletic donor parking. No swim lesson parking available at Jenison and the IM West will incur a special events parking fee.
- All parking and special events parking is run by the MSU police department. Rec Sports has no authority on parking.

The Milton & Kathleen Muelder Swim Lesson Scholarship:
Available for children between the ages of 4 and 14 years of age whose parents are CURRENT STUDENTS living in MSU university housing. The scholarship covers the cost of one class per session of Spartan Swim School for each child (ages 4 – 14) listed on the lease agreement.

- Not eligible: MSU faculty/staff, adjunct professors, visiting Scholars or University employees.

For those applying for the Milton & Kathleen Muelder Scholarship, please register in person and provide a valid copy of your current university housing contact listing all dependent children (ages 4 – 14). Contact Brian Fickies by email fickies@msu.edu or phone at 432-1475.